

# KKN Activities to Improve Knowledge about Family in Panggung Village Kota Tegal

Maeli Sokhabah <sup>1)</sup>, Bimo Restu Perwiranegara<sup>2)</sup>, Nia Herlina <sup>3)</sup>, Muhammad Krisna A.<sup>4)</sup>

<sup>1234</sup>Universitas Pancasakti Tegal Jalan Halmahera Km. 1 Kota Tegal

Email: maelysokhabah97@gmail.com<sup>\*)</sup>

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## Abstract

Establishment of Tourism Village. The problem encountered in the formation of this tourist village is the use of low done by residents to local wisdom in the village stage such as beach Pulo Kodok and Batamsari beach. So there is still a lack of outside tourists who know the local wisdom found in the village stage. Health as a problem encountered at the time of direct parachuting in the field is still a lack of public knowledge about contraceptives such as birth control from the beginning, resulting in ignorance that results in misunderstanding of birth control. It happens not only to young people but to someone who is already married.

*Keywords:* KKN, marriage, couple, family, counseling

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## 1. Introduction

Panggung Village is a village consisting of various livelihoods; one of the most dominant livelihoods found in Panggung Village is as an industrial laborer, building workers, and traders (Mugarura, 2016). Panggung Village is locating in the middle of Tegal City, which causes the community to work more for a company as an industrial laborer than to become farmers themselves (Jordhus-Lier, 2017).

The above statement is strengthened based on the results of data that we get from direct observation. The village devices and the community of Panggung village 2,572 people work as industrial workers (Kusmasari et al., 2019). An equally high number of industrial workers, namely the profession of building workers, is 2,356 people. Besides located in the middle of the city center, Panggung village is also found in the coastal area precisely in hamlet ten or called "Kampung KB." (Rizkianti et al., 2017). There is a beach destination named Pulo Kodok and a tourism place for the Tegal community. Outside the Tegal area, Pulo Kodok is also a place of livelihood as a community of Panggung village that there are 949 people.

Suppose you look at the population data of the education level in Panggung village. In that case, it can be an educated population because 3,012 people have graduated from college or academy. The number of illiterates no longer exists, but there are still many people. Last education was junior high school and senior high school. It happened

because many of the community stage villages did not continue to academy or college education (Suryani & Rosyada, 2020). After all, most of them directly work after graduating from high school education. The majority of the occupation religions in the village stage is Islam (Bozhabadi et al., 2020). There are several religious activities, such as impromptu routine recitation, in each RW. In addition to Islam, there are also some other religions, such as Hindu. There is also a place of worship in the village stage for adherents of the Hindu religion, namely Pura Segara Suci.

Health is a human right and, at the same time, one of the investments for the success of the nation's development; therefore, the development of health is carrying out thoroughly and sustainably to increase the willingness and ability to live healthy for everyone to realize the highest level of public health (Kamis et al., 2020). Health is an essential social service that the government must fulfill as its obligation to maintain society's welfare and the environment to create a prosperous state of body, soul, and community that allows everyone to live productively, socially, and economically (Rahayu, 2016). Health programs in Panggung village are POKSILA (Posyandu elderly group), POSBINDU (Integrated Coaching Post), and Posyandu toddler, which implementing in every hamlet town. The three programs have been running regularly every week and month in every RW (hamlet) in Panggung village and for POSBINDU showed every month wh,

In the Panggung village environment, some residents have toga plants (medicinal plants family) in any hamlet such as hamlet 07 and hamlet 10; in addition to toga plants, Garbage Banks locates in hamlet 12 and hamlet 11. The area of Panggung Subdistrict Of Tegal Timur Tegal City is a total of ± 223 hectares consisting of 14 Hamlet areas covering 137 Neighbourhood areas, with the following details :

Tabel 1. The area of Panggung Subdistrict Of Tegal Timur Tegal City

Hamlet	I	II	III	IV	V	VI	VII	VIII	IX	X	XI	XII	XIII	XIV
Total														
Neighbourhood	9	11	9	9	9	10	20	6	14	11	5	13	7	5

## 2. Method

Establishment of Tourism Village. The problem encountered in the formation of this tourist village is the use of less done by residents to local wisdom in the village stage

such as Pulo Kodok and Batamsari beach. So there is still a lack of outside tourists who know the local wisdom found in the village stage (Ningsih et al., 2020). Health as a problem encountered at the time of direct parachuting in the field is still a lack of public knowledge about contraceptives such as birth control from the beginning, resulting in ignorance that results in misunderstanding of birth control (Suryani & Rosyada, 2020). It happens not only to young people but to someone who is already married.

Establishment of Economic Center / SMEs Center. On this pillar, the most common problem encountered by the KKN (actual student work) team of panggung village is the number of women who do not work (housewives) who have no busyness other than taking care of their children and families. So that results in the income they earn only from the husband's income alone (Webb et al., 2020). And also still lack environmental utilization activities such as waste from PKK mothers Panggung village. The application of education is a problem that is often encountering in the field: the lack of participation of young people, especially the youth in the village stage, in every village activity and organizational activities. So there is a sense of individualism in each teenager (Kistiana et al., 2020) .

### 3. Result and Discussion

#### 3.1. Result

The plan of Alternative KKN activities carried out in Panggung Village was identified through the observation process and plunged directly into the field to record some problems in the community of Panggung Village. Therefore, we prepare an activity plan following the alternative program that the university has planned. Understanding the task of KKN students as motivators and facilitators, then after the proper identification by intellectual ability and funding, the program that can implement is physical and non-physical programs.

Table 2. Thematic KKN Activity Plan of KB Village 2019

Alternative KKN Activity Plan	
Non-Physical	Training 'Gebyar Remaja'
Non-Physical	Publication 'Gebyar Remaja'
Non-Physical	TalkShow 'Pentingnya KB Sejak Dini'
Physical	Joint Waste Recycling Craft Training RUTTELA (Runtah Tegal laka-Laka)
Non Physical	Vlog "Explore Pesisir Tegal, pulo Kodok Wisatane Wong Tegal'.

This picture of KKN Tematik Kampung KB programme:



Figure 1. Activities in Panggung Village during KKN Thematic Kampung KB 2019



Figure 2. Thematic KKN Team of Kampung KB together with PKK of Panggung Village



Figure 3. Implementation of Thematic KKN Main Work Program in Kampung KB

Table 3. Activity Plan of KB Village 2019

Day/Date	Activities	Implementation Time	Place of Work Program Activities
Tuesday-Thursday, 23-25 July 2019	Training 'Gebyar Remaja'	15.00 - Completed (3 consecutive days)	Panggung Health Center
Friday, July 26, 2019	Publication 'Gebyar Remaja'	08.00 AM - Finish	East Tegal District Office
Wednesday, July 23, 2019	TalkShow 'Pentingnya KB Sejak dini'	08.00 AM - Finish	Office Panggung Village
Monday, August 19, 2019	Joint Waste Recycling Craft Training RUTTELA (Runtah Tegal laka-Laka)	09.00 AM - 12.00 PM	Office Panggung Village
Tuesday, 27 August 2019	Vlog "Explore Pesisir Tegal, Pulo Kodok Wisata WONG Tegal".	15.00 PM - Finish	Pulo Kodok Beach Office Panggung Village

### 3.2. Discussions

The implementation of the work program "TalkShow The Importance of Understanding KB Early" in Panggung Village to provide knowledge to PKK and KESI mothers about the importance of learning about birth control for mothers. They are married long enough or have just married because knowing the understanding of birth control is helpful to reduce the risk of disease to mental disorders. More clearly, here are some kb benefits for married couples.

This talk show activity aims to improve the welfare of mothers and children to realize NKKBS (Normal Small Family Happy Prosperous), which is the basis for the realization of a prosperous society by controlling birth while ensuring controlled population growth.

Increase the number of people to use contraceptives. Decreased number of baby births. Increasing health of family planning using birth control. Speakers: Mrs. Taryuli S. Tr, T. Keb. Implementation Time Wednesday, August 7, 2019, at 08.00 WIB. Target activities of PKK mothers and KESI members (Active-Standby Village). Narasi Kegiatan

held the talk show at Pendopo Kelurahan Panggung on Wednesday, August 7, 2019. The series of talkshow activities the importance of kb early on are as follows: (1) Rehearsal activities of Talkshow activities, (2) Talk Show activities filling the attendance list of participants, (3) Opening of Talk Show, (4) Singing Indonesia Raya Song, (5) Village Coordination Speech and Committee Chairman, (6) Speech from Panggung Village, (7) Speech from Indonesian Population Kualisi Tegal City and KKN Supervisory Lecturer, (8) Q&A from the first Speaker with the audience, (9) Appreciation of Audience, (10) Material Giving by the second Speaker from Tegal city health office, (11) Q&A between speakers with audiences, (12) Appreciation of audiences who actively ask questions and (13) Appreciation to Speakers from the Supervisory Lecturer KKN UPS Tegal.

#### **4. Conclusion**

The implementation of the actual student work (KKN) is one of the manifestations of the value of Tri Dharma Higher Education, namely community service. Therefore, the implementation of KKN should emphasize more on activities that can directly help the target area community of KKN activities. The performance of the KKN program in the village stage Tegal Timur District Tegal city held from July 21, 2019, to September 05, 2019, went very well.

#### **Acknowledgment**

We would like to express our gratitude to the Panggung villagers who have tried hard to progress, Mr. Heru Sukoco, S.H, M. Si as the Head of Panggung Village and LPPM of Universitas Pancasakti Tegal as the organizer of KKN Thematic 2019 Kampung KB.

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